# pebble tossers

# august 2024

## education + literacy

| MON | TUES | WED | THURS | FRI | SAT | SUN |
|---|---|---|---|---|---|---|
| **more information** on the august cause area visit pebbletossers.org/august | | | **1** donate school supplies to your local public school | **2** set kindness goals for next week and stick to it! | **3** volunteer to be a dog walker at an animal shelter | **Friendship Day** celebrate your friendships with intentional acts of kindness! |
| **5** help someone who is carrying something heavy | **6** research popular food pantry items to donate to a local women's shelter | **7** deliver meals with Open Hand Atlanta! | **8** offer to buy groceries for a senior family member | **Book Lovers Day** read to youth during lunch with Everybody Wins! Atlanta | **10** make no-sew dog toys with old t-shirts + donate to a local animal shelter | **11** hand out cold water to people working outside |
| **12** start a doodle and add to it every day this week to see what you get! | **13** spend a day at the public library and discover a new favorite activity | **14** donate clothes to Because One Matters | **15** FREE DAY! find ways to be kind to yourself + others today | **Tell a Joke Day** share kind jokes jokes to friends + friends today! | **Nonprofit Day** donate to your favorite nonprofit organization! | **18** visit a bee farm and learn about the pollinators |
| **19** don't scroll on your phone first thing in the morning | **Lemonade Day** host a lemonade stand and donate the proceeds to charity | **Senior Citizens Day** sign up for an Activity Day with A.G. Rhodes Seniors! | **Eat a Peach Day** make a peach pie to share with friends and family | **23** learn about today's history + share with family | **24** spare an hour to journal about your week so far | **25** make a "take one, give one" toy box at the public park |
| **Women's Equality Day** plan a volunteer day with friends at Helping Mamas | **27** reflect on your personal growth and recognize how far you have come | **28** spare an hour to plan your August kindness goals | **29** donate books to a children's hospital | **30** sign up for a shift at a local soup kitchen | **31** spare an hour to plan your September kindness goals | |