

# december 2023



## families in crisis

MON

TUES

WED

THURS

FRI

SAT

SUN

### for more information

visit [pebbletossers.org/holiday-cause-area-resources](https://pebbletossers.org/holiday-cause-area-resources)

### World AIDS Day



source local events to support AIDS awareness

2 write down a list of 5 things to accomplish this month

**Day of Persons with Disabilities**  
share your talents + teach a class to InCommunity residents!

### National Cookie Day

bake cookies to share with health-care workers



**International Volunteer Day**  
sign up to serve with pebble tossers!

6 start up a new hobby and stick to it!



**Letter Writing Day**  
write letters to the residents of Mary Hall Freedom Village

8 leave a thank you note in your mailbox for the mail delivery carrier

**Christmas Card Day**  
donate holiday card craft kits for residents at My Sister's House

10 purchase a Christmas tree for a family in need



11 encourage family to donate blood with you

**Gingerbread House Day**  
build gingerbread houses with A.G. Rhodes elders

13 do a wardrobe clean and donate items to a local homeless shelter

14 free day!  
find ways to be kind to yourself + others today

**National Cupcake day**  
bake cupcakes to share with a local fire station!

16 host a holiday stocking activity day with Kate's Club members

17 ask a friend for a book recommendation and read it to the end!



18 check-in on a family member you haven't talked to in a while

19 leave positive reviews on 5 local businesses websites

20 deliver meals with Meals by Grace this week

21 gift \$5 gift cards to passersby

22 hand out candy canes with kind notes to passersby

23 attend a local community event and make a new friend

**Christmas Eve**  
text 10 friends and family 10 things you love about them



**Christmas Day**  
reflect on the acts of kindness you've engaged in this year

**Kwanza**  
share stories of service with friends and family!



27 donate \$50 to a nonprofit of your choice

28 make a playlist of your favorite throwback songs

29 give yourself the BIGGEST hug!

30 remember to thank yourself

**New Year's Eve**  
go on an evening stroll to watch the sunset

