

cards of encouragement



Why make encouragement notes?

Imagine finding a kind note in-between the pages of your favorite book— surely it'll be a moment that will bring on a bright smile!

We're partnering up with Everybody Wins! Atlanta to bring those same bright smiles onto the faces of underserved elementary school students with Encouragement Notes. Making Encouragement Notes is a thoughtful and fun way to motivate, inspire, and fire up a young reader's imagination and learning experience. For students who struggle with reading, it can sometimes feel overwhelming and cause them to lose motivation or interest. To counter those feelings, we encourage you to get creative and be part of the a young reader's journey by making Encouragement Notes!

MATERIALS

- Construction or Craft Paper or Index Cards
- Decorating Supplies: markers, stickers, tape, stamps, colored pencils, glue sticks, stencils, etc.
- Scissors

CONVERSATION STARTERS

- What kind message would you want to hear if you weren't feeling good? How would you feel if you had no one to encourage you when you needed it most?
- How would you help a friend who may be feeling demotivated or overwhelmed with a task?

START A RIPPLE OF GIVING

- Make encouragement notes for the people you encounter daily. Take notice of what could help motivate them or bring on a bright smile that could make their whole day!

DIRECTIONS

1. Gather your supplies and materials. You will need:
 - a. Index cards or index card sized stationary/craft/construction paper
 - b. Coloring utensils: colored pencils, markers, crayons, colored pens
 - c. Decorating supplies: glue, stickers, stamps, washi tape, etc.
2. Vary tasks depending on the age of the children participating. Younger children can have fun decorating while older kids can help write words of encouragement.
3. Use positive and motivational messages, such as "Reading can take you anywhere! Where do you want to go?", "All reading is good reading! Keep up the good work."
4. Let any glue used for the cards dry and collect them in a bag to donate!

How To Donate

Check the Pebble Tossers Service Calendar for dates to donate your Encouragement Cards or email volunteer@pebbletossers.org to set up a delivery date.



REFLECTION

Bring your family or group together after making the cards. Challenge each member to come up with five words that describe the day's experience in response to the questions below:

- Why was it important to do this project?
- How did you help?
- What was it like to work together as a family for this project?
- What was the most enjoyable part of the experience?

