

# march 2023



## homelessness

SUN

MON

TUES

WED

THURS

FRI

SAT

### more information

on the march cause area  
visit [pebbletossers.org/march](https://pebbletossers.org/march)

1 write a card to a patient in the hospital



**Teen Mental Wellness Day**  
share words of encouragement with friends

3 share your favorite recipe with a friend

4 take a walk in the park and pick up litter



5 share a healthy meal for a friend or family member

6 doodle and gift portraits of friends + family

7 share a favorite memory with loved ones



**International Women's Day**  
donate to a nonprofit that supports women

9 prepare hygiene kits for those experiencing homelessness

10 write about your day in a journal



11 watch a documentary on women's rights activists

12 start an eco-friendly DIY project!



13 sign-up for a volunteer project with family

**Pi Day**  
bake your favorite pie to share with a neighbor!

15 thank three important people in your life



16 create a playlist of songs to sing and dance to with loved ones

**St. Patrick's Day**  
start a small herb garden



18 shop at a women-owned business!



**2023 Ripple Run**  
run, walk, serve with pebble tossers for the ripple run!

20 tell a parent or guardian how much you appreciate them

21 create a snack box to share



**First day of Ramadan**  
clean out your closet and donate items to those in need

23 Spend a day at the public library with a friend!

24 leave a positive review on a business or organization

25 eat at a women-owned restaurant!

26 spend time today with your loved ones

27 take a step away from social media

28 free day!  
find ways to show someone you care



29 write a letter to an influential woman in your life

30 leave a kindnote for an essential worker



31 donate to a nonprofit that supports families experiencing homelessness

