

# how to action sheets



# **Valentine Activity Kits**



# Why Valentine Kits?

Sharing love and gratitude for someone can be expressed in a fun way for Valentine's Day by sending a Valentine's Day card. Pebble Tossers sends Valentine Kits containing plain paper and pre-made valentines to hospitals and shelters for people staying there to share their friendship, love, or appreciation with those around them.

The Activity Kits accompanying the Valentine Kits provide a child in the hospital or a shelter with the supplies to make a creative door sign that reflects their personality and interests.

## **Materials**

- Ziploc baggies: sandwich and gallon sizes
- Boxed Valentine Cards
- Construction paper
- Packs of Markers
- Ballpoint pens
- Stickers
- Foam board 5x7
- Yarn or ribbon
- Scissors, hole punch

## conversation starters

- How do you feel when you receive a Valentine's Day card?
- What makes you feel happy when you're sick?
- Who would you share a Valentine with if you could give one to anyone living or passed?

# start a ripple of giving

- How can you bring a little love or happiness to people you encounter daily?
- Make a Valentine for someone you see regularly - a postal worker, bus driver, lunch server, etc... Let them know you care about them.



<sup>\*</sup>quantities depend on how many you want to make.

### **DIRECTIONS**

#### DOOR SIGN KIT PREPARATION

- Holding the foam board with the short ends as the "top and bottom", hole punch two holes approximately 1/2" from the top and 3" apart.
- Cut ribbon long enough to hang from a doorknob, (12"-15" long)
- Thread ribbon through the top holes and knot at the ends to secure for hanging
- \*\* Kit recipients will write their name on the door signs; please leave them blank.

#### VALENTINE KIT ASSEMBLY

- Unpack stickers and separate or cut sticker sheets into smaller strips of 3 or 4 stickers
- Unpack markers and pens
- Unpack boxes of new valentines
- Cut construction paper in half to form two cards
- Place into a sandwich-sized Ziploc: 10-15 stickers, 5 different Valentine Cards, 2 pieces of construction paper, 4-5 different color markers, 1 pen
- \*\* Kit recipients will write their own messages on these Valentines; please leave them blank.

FINISHED KITS: Place the following items in gallon-sized Ziploc bags

- Door Sign with ribbon attached
- Selection of different stickers to decorate the door sign
- Small Ziploc bag containing the Valentines, stickers and markers

#### **NEXT STEPS**

Deliver your Valentine Kits to Pebble Tossers, contact a hospital near you to drop them off, or contact:

- CHOA Scottish Rite, Egleston or Hughes Spalding
- Atlanta Ronald McDonald House
- Atlanta Mission: My Sister's House
- Mary Hall Freedom Village
- Atlanta Children's Shelter
- Rainbow Village
- Our House

#### REFLECTION

Bring your family or group together after making the Kits and discuss the questions below:

- Why was it important to do this project?
- How do you think the kids giving the Valentines will feel?
- What was it like to work together as a family for this project?

