












february 2023



fragile children

SUN	MON	TUES	WED	THURS	FRI	SAT
29	30	31	1 Invite a friend out for lunch and pay for their meal 	Groundhog Day Write a kind note for someone and leave it on their desk	3 Place flowers in the mailbox for the mail carrier 	4 Make a new friend and learn more about them!
5 Start a doodle and pass it on to friends to continue the doodle thread!	6 Pick up any litter around school/work 	7 Sign up for to volunteer with a group of friends	8 Read a book with school kids at a local elementary school!	9 Make a snack box for your classmates or co-workers 	10 Make and donate a box of toys for children in need	11 Watch a documentary on a historical Black figure 
12 Give the first 5 people you see words of encouragement!	13 Doodle the scene in front of you and share it with a friend or family member	Valentine's Day Offer a helping hand to someone 	15 Let a store or restaurant employee know how much you appreciate them	16 Recommend a new song for a new friend 	Random Acts of Kindness Day Donate to a nonprofit of your choice	18 Research an unknown historical Black figure and share it others!
19 Give the first friend you see today a big hug! 	President's Day Write a poem about this month's cause area	Mardi Gras Pick up litter around your local public park 	22 Pick up a new hobby to start with a friend or family member	23 Visit the local public library and bring someone who's never gone before!	24 Donate clothes to children in need 	25 Read Amanda Gorman's "Call Us What We Carry"
26 Invite new friends over to invent a new recipe together!	27 Sign-up to volunteer for a service project 	28 Free Day! Find ways to show someone you care				

more information

on the February cause area visit pebbletossers.org/february