

# how to action sheets



# shout-outs for healthcare staff



## Why shout-outs for staff?

A kind gesture can make someone's day! Show the Children's Healthcare of Atlanta workers your appreciation and support by donating items for the staff comfort cart.

Healthcare workers build therapeutic relationships with patients, instilling trust, comfort, rapport, and connection with patients. Healthcare workers are a vital part of the medical field, so let's show them some love!

### **Materials**

#### Suggested Items:

- Single serving popcorn, packaged crackers or chips
- Individually packaged trail mix, granola bars, dried fruit, snack cakes
- Fun sized chocolate or candy bars
- Coffee, K-cups, small water or low calorie sports drink
- Hand sanitizer or Chapstick
- Mints or Gum

Small gift bags or Ziploc bags

### conversation starters

- Why do you think it is important to thank healthcare workers?
- How do you think these goodie bags will make the healthcare workers feel?
- Healthcare workers have an important job, what do you think this job entails?

# start a ripple of giving

 Think about how a kind gesture has turned your day around. Healthcare workers may feel tired, and all they need is a goodie bag to cheer them up!



## **DIRECTIONS**

- 1. All items must be commercially prepared and individually packaged (nothing homemade).
- 2. 4-5 items make a great goodie bag(see suggested items on previous page)
- 3. Place all items in a Ziploc bag or a clear gift bag
- 4. You are welcome to include inspirational messages, jokes, or words of encouragement. Please refrain from religious messaging.
- 5. Any amount up to 50 total small size bags are appropriate.
- 6. Delivery information will be provided by Pebble Tossers

#### **NEXT STEPS**

- 1.Check the Pebble Tossers website or service calendar to verify which locations are requesting the Shout Out Bags
- 2. Deliver your items to one of the CHOA locations:
- Scottish Rite
- Egleston
- Hughes Spalding

#### REFLECTION

Bring your family or group together after making the Shout-Out bags and discuss the questions below:

- Why was it important to do this project?
- What was it like to work together as a family for this project?
- Who else in your community can benefit from the Shout Out Bags?

